

1984 FSL Track & Field Championship Meet: Girls' Results

Event	First Place Name/School	Time/Dist. <i>*Indicates meet record</i>	Second Place Name/School	T/D	Third Place Name/School	T/D	Fourth Place Name/School	T/D	Fifth Place Name/School	T/D
100m	Mellissa Moody FCS	13.2	Kate Chapman WTN	13.5	Amy Houghton GS	13.8	Lisa Allison GS	14.3	Charlene Thomas WTN	14.4
100m LH	Faye Ligon WTN	16.4	Robin Duchinicki WTN	18.2	Leah Kipp WTN	18.8	Jen Smith GS	19.7	Brandy Herrin GFS	19.7
1600m	Narissa Morgan GFS	5:42.2	Sheena Wright GS	5:50	Sarah Walkling GFS	6:02.5	Mimi Osborn WTN	6:10.7	Mandy Flynn GS	6:11.3
400m	Kate Chapman WTN	63.1	Narissa Morgan GFS	63.9	Sophie Jackson GS	64.5	Lara Hackett GS	65.8	Sara Freedman WTN	69.4
300m IH	Faye Ligon WTN	49.4	Leah Kipp WTN	54.2	Robin Duchinicki WTN	55.4	Andes VanSyckle GS	57.3	Brandy Herrin GFS	59.0
800m	Sophie Jackson GS	2:28.9*	Jane Major GFS	2:43.8	Heidi Hampt GS	2:46.3	Sara Freedman WTN	2:47.3	Joan Laughlin WTN	2:50.2
200m	Mellissa Moody FCS	27.7	Kate Chapman WTN	27.9	Amy Houghton GS	29.1	Laura Russell GFS	29.1	Chichi Echewa WTN	30.2
3200m	Narissa Morgan GFS	12:59.6	Sarah Walking GFS	13:10.6	Esi Morgan GFS	13:29.3	Alex Warren GS	13:41.1	Kirsten Palmer GS	13:57
4x100m Relay	Westtown	52.9*	Friends' Central	56.1	George School	56.2				
Shot Put	Nicole Gayman WTN	31'6"	Chichi Echewa WTN	30'5"	Charlene Thomas WTN	29'10"	Greta Simon GS	27'0.5"	Vicky Bold GFS	26'5.5"
Discus	Chichi Echewa WTN	98'5"*	Charlene Thomas WTN	94'8"	Sharon Williams WTN	81'3.5"	Caroline Todd GFS	73'10.5"	Ragi Todd GFS	64'0.25"
Javelin	Charlene Thomas WTN	85'3"	Sarah Yaing WTN	82'4"	Vicky Bold GFS	80'2"	Sharon Williams WTN	78'11"	Kirsten Palmer GS	70'9"
High Jump	Lisa Vazquez WTN	4'8"	Ingrid Knappe GS	4'6"	Faye Ligon WS	4'6"	Jen Schmitt GS	4'4"	Laura Russell GFS	4'0"
Long Jump	Amy Houghton GS	15'7"	Robin Duchinicki WTN	14'6.5"	Mellissa Moody FCS	14'5.5"	Mimi Sheller GFS	14'2"	Heather Cristol GFS	13'11.5"
Triple Jump	Mimi Sheller GFS	31'11"	Robin Echewa WTN	31'10"	Traywick WTN	30'1.25"	Olson WTN	28'7.25"	Sophie Jackson GS	28'7"
Team Score	Westtown	114	George School	52	Germantown	51	Friends' Central	19		